



TURN ON YOUR TURN ON

Re-awaken your sexual power as a highly desired and magnetic woman who is here to claim her space in this world.

Week 1 Journaling Questions

What do I truly desire?

What turns me on?

What turns me off?

What happened in my childhood that didn't allow me to feel safe in expressing my desires?

How do I want to feel daily?

What am I holding back from in my life sexually?

Why am I doing that?

How I want to feel about my sexuality is....